



Amy Bork, RD

TheraCORE, Inc. is pleased to announce the addition of Amy Bork, a nationally registered, state licensed dietitian to our staff. Amy specializes in providing nutritional strategies that are aimed at improving overall health and wellness and helping to manage conditions such as obesity, heart disease, and cancer. Amy's experience and skills will be a great asset to the patients, members and surrounding community of TheraCORE.

Education

- Bachelors' degree in dietetics from Western Illinois University
- Masters' degree and completed her dietetic internship through Illinois State University.

Experience

Amy has spent the beginning of her professional career serving the greater Milwaukee area. She has worked as a clinical dietitian for the AIDS Resource Center of Wisconsin, Oncology Alliance, and Aurora Sinai Medical Center Bariatric Surgery Program.

Amy will be available for:

- ~ Nutritional Counseling
- ~ Grocery Store Visits
- ~ Group Lectures
- ~ Food Log Analysis
- ~ Phone Consultations
- ~ Recipe Redo

Amy will be seeing patients at:

TheraCORE
Therapeutic Center of Rehabilitation and Exercise
16622 W. 159th Street, STE 503
Lockport, IL 60441

To contact Amy, or to schedule an appointment call (815)838-5070

TheraCORE, Inc. ~ 16622 W. 159th Street, STE 503, Lockport, IL 60441
(815)838-5070 ~ www.theracorept.com